



2019 NPC CHARLOTTE CUP

April 27, 2019 - Charlotte, NC
An NPC Sanctioned Event



DIVISIONS

CROSSOVERS ALLOWED FOR ALL DIVISIONS & CLASSES

OPEN MEN'S BB

- 1st - 5th & Overall
- ___ Bantamweight - Up to 143^{1/4}
- ___ Lightweight - 143^{1/2} - 154^{1/4}
- ___ Middle Weight - 154^{1/2} - 176^{1/4}
- ___ Lighthheavy - 176^{1/2} - 198^{1/4}
- ___ Heavyweight - 198^{1/2} - 225^{1/4}
- ___ Superheavy - 225^{1/2} & Over

JUNIOR MEN'S BB

- 1st - 5th & Overall
- ___ Lightweight - Up to 176^{1/4}
- ___ Heavyweight - Over 176^{1/4}

TRUE NOVICE MEN'S BB

- 1st - 5th & Overall
- ___ Lightweight - Up to 176^{1/4}
- ___ Heavyweight - Over 176^{1/4}

TEENAGE MEN'S BB

- ___ One Class 1st - 5th

MASTERS MEN'S BB 35+

- 1st - 5th & Overall
- ___ Lightweight - Up to 176^{1/4}
- ___ Heavyweight - Over 176^{1/4}

MASTERS MEN'S BB 40+

- 1st - 5th & Overall
- ___ Lightweight - Up to 176^{1/4}
- ___ Heavyweight - Over 176^{1/4}

MASTERS MEN'S BB 50+

- ___ 1 Class - 1st - 5th

MASTERS MEN'S BB 60+

- ___ One Class - 1st - 5th

OPEN WOMEN'S BB

- ___ One Class 1st - 5th

OPEN FIGURE

- 1st - 5th & Overall
- ___ Class A - Up to 5'2"
- ___ Class B - 5'2 1/4 - 5'4"
- ___ Class C - 5'4 1/4 - 5'6"
- ___ Class D - Over 5'6"

JUNIOR FIGURE

- ___ One Class - 1st - 5th

TRUE NOVICE FIGURE

- 1st - 5th & Overall
- ___ Class A - Up to 5'4"
- ___ Class B - Over 5'4"

MASTERS FIGURE 35+

- ___ One Class - 1st - 5th

MASTERS FIGURE 40+

- ___ One Class 1st - 5th

MASTERS FIGURE 45+

- ___ One Class 1st - 5th

MASTERS FIGURE 50+

- ___ One Class 1st - 5th

MASTERS CLASSIC PHYSIQUE 35+

- ___ One Class 1st - 5th***
- All Height & Weight Limits Apply

TRUE NOVICE CLASSIC PHYSIQUE

- ___ One Class 1st - 5th***

JUNIOR CLASSIC PHYSIQUE

- ___ One Class 1st - 5th***

OPEN MEN'S CLASSIC PHYSIQUE

- 1st - 5th & Overall
- ___ Class A - Up to 5'7"***
- ___ Class B - Over 5'7"***

OPEN BIKINI

- 1st - 5th & Overall
- ___ Class A - Up to 5'1"
- ___ Class B - Over 5'1 up to & including 5'2 1/2"
- ___ Class C - Over 5'2 1/2 up to & including 5'4"
- ___ Class D - Over 5'4 up to & including 5'5 1/2"
- ___ Class E - Over 5'5 1/2 up to & including 5'7"
- ___ Class F - Over 5'7"

TRUE NOVICE BIKINI

- 1st - 5th & Overall
- ___ Class A - Up to 5'4"
- ___ Class B - Over 5'4 - 5'6"
- ___ Class C - Over 5'6"

TEEN BIKINI

- ___ One Class - 1st - 5th

JUNIOR BIKINI

- ___ One Class - 1st - 5th

MASTERS BIKINI 35+

- ___ One Class - 1st - 5th

MASTERS BIKINI 40+

- ___ One Class 1st - 5th

MASTERS BIKINI 45+

- ___ One Class 1st - 5th

OPEN MEN'S PHYSIQUE

- 1st - 5th & Overall
- ___ Class A - Up to & including 5'7"
- ___ Class B - Over 5'7 up to & including 5'8"
- ___ Class C - Over 5'8 up to & including 5'9"
- ___ Class D - Over 5'9 up to & including 5'11"
- ___ Class E - Over 5'11 up to & including 6'
- ___ Class F - Over 6'

TRUE NOVICE MEN'S PHYSIQUE

- 1st - 5th & Overall
- ___ Class A - Up to 5'7"
- ___ Class B - Over 5'7 up to & including 5'10"
- ___ Class C - Over 5'10"

TEEN PHYSIQUE

- ___ One Class 1st - 5th

JUNIOR PHYSIQUE

- ___ One Class 1st - 5th

MASTERS MEN'S PHYSIQUE 35+

- 1st - 5th & Overall
- ___ Class A - Up to 5'8"
- ___ Class B - Over 5'8"

MASTERS MEN'S PHYSIQUE 40+

- ___ One Class 1st - 5th

MASTERS MEN'S PHYSIQUE 50+

- ___ One Class 1st - 5th

OPEN WOMEN'S PHYSIQUE

- 1st - 5th & Overall
- ___ Class A - Up to 5'6"
- ___ Class B - Over 5'6"

TRUE NOVICE WOMEN'S PHYSIQUE

- ___ One Class 1st - 5th

MASTERS WOMEN'S PHYSIQUE 35+

- ___ One Class 1st - 5th

OPEN FITNESS

- ___ One Class 1st - 5th

Charlotte Area Championships

Closed to Residents of Mecklenburg, Iredell, Davidson & Cabarrus Counties Only

CHARLOTTE AREA MENS BB

- 1st - 5th & Overall
- ___ Lightweight - Up to 176^{1/4}
- ___ Heavyweight - Over 176^{1/4}

CHARLOTTE AREA MENS PHYSIQUE

- 1st - 5th & Overall
- ___ Class A - Up to 5'8"
- ___ Class B - Over 5'8"

CHARLOTTE AREA FIGURE

- 1st - 5th & Overall
- ___ Class A - Up to 5'4"
- ___ Class B - Over 5'4"

CHARLOTTE AREA BIKINI

- 1st - 5th & Overall
- ___ Class A - Up to 5'4"
- ___ Class B - Over 5'4"

CHARLOTTE AREA CLASSIC PHYSIQUE

- ___ One Class 1st - 5th

CHARLOTTE AREA WOMEN'S PHYSIQUE

- ___ One Class 1st - 5th

EVENT INFO

ENTRY FEES

- Post Marked On or Before April 13, 2019 - \$100
- Post Marked After April 13, 2019 - \$125
- 1 Crossover - \$100
- Crossover 2+ - \$50 each

Make Money Order (Only form of prepayment) Payable to:

Johnny Stewart
15515 Bailingglass Court
Charlotte, NC 28273

Only Money Orders or Cash Taken Day of Show

NPC CARDS

- Must have 2019 NPC Card to compete
- NPC Cards available for purchase at weigh-ins or online at www.NPCNewsOnline.com for \$125. Must show proof of purchase if purchased online.
- NPC Cards may be purchased the day of the show by CASH or CHECK only.

SCHEDULE OF EVENTS

- Early Weigh-In's: Friday April 26, 2019
- 5:00pm - 7:00pm at the Hampton Inn Uptown - Adjacent to Hilton Garden Inn
- Final Weigh-In's: Saturday April 27, 2019
- 7:30am - 8:30am on Stage at the Charlotte Convention Center
- Athletes Meeting: 8:30am - 9:00am
- Prejudging Begins: 10:00am
- Athletes Meeting Prior to Finals: 4:00pm
- Finals Begins: 5:00pm

HOST HOTEL

Hilton Garden Inn Uptown
508 E. Martin Luther King Jr. Blvd, Charlotte, NC 28202
(704) 347-5972 or visit www.JohnnyStewartPromotions.com
Make Reservations by March 17 & mention "The Charlotte Cup"

CONTEST VENUE

Charlotte Convention Center - 501 S. College Street

TICKETS

- Prejudging: \$20 (General Admission)
- Finals: \$35 / \$45 (Reserved Seating)
- Tickets Available at the Door and Online at www.JohnnyStewartPromotions.com
- Backstage Passes: \$50 (Must be a Ticket Holder)

RULES

- *All contestants must supply their own music.
- Music required ONLY for Bodybuilding, Fitness, Women's Physique & Classic Mens Physique
- *Posing music must be on a CD & brought to checkins on Friday night.
- *Posing Music for finals must be no longer than 60 seconds
- *Music must be at the beginning of the CD & contain no vulgarity.
- *Music is not used during prejudging.
- *Please have music files as the sole file on a CD complete with your name, contest name & divisions of competition.
- *Competition suits must be worn at weigh-ins
- *No "T" back suits.
- *Bikini suits must be in good taste. Minimum 50% glute coverage.
- *Bikini Competitors - It is recommended you bring 2 suits.
- *Approved & Official Classic Physique Shorts:
www.npc-wear.com/product_detail.cfm?id=344

ELIGIBILITY

Crossovers available to compete in all divisions & categories in which they qualify.

- **Open** - Open to any NPC Athlete
- **Junior** - Open to any competitor who has not won his or her class in an Open division and who did not win the Overall in the Junior division.
- **Masters** - Must be at least 35, 40, 45, 50 or 60 years of age or older as of April 27, 2019 (Proof of Age Required)
- **True Novice** - For first time NPC competitors only.
- **Teen** - Eligible from 16 years old until the day prior to 20th birthday. Must be at least 16 years old to compete (Proof of Age Required)
- **Charlotte Area Division** - Closed to only residents, with valid ID, of Mecklenburg, Iredell, Davidson or Cabarrus Counties. The Charlotte Area Division is a non-sanctioned, non-qualifier division.

TANNING, MAKEUP & HAIR

Elite Performance Tanning
www.ElitePerformanceTanning.com
Chris Hollingsworth - 910.264.9182



FOR MORE INFO PLEASE VISIT:

www.JohnnyStewartPromotions.com
or contact Johnny Stewart - 704.449.5603
or contact Sanders Armstrong - 704.560.4637

*** Men's Classic Physique height & weight limits are listed on the NPC National Website www.NPCNewsOnline.com/classic-physique