



2017 Elite Muscle Classic Information Sheet



DIVISIONS:

OPEN MEN BB	6 Classes 1st- 5th & Overall	
	Bantam Weight	Up to - 143.25
	Light Weight	143.5 - 154.25
	Middle Weight	154.5 - 176.25
	Light Heavy Weight.....	176.5 - 198.25
	Heavy Weight	198.5 - 225.25
	Super Heavy Weight	225.5 - Over
JUNIOR MEN BB	2 Classes 1st - 3rd & Overall	
	Light Weight	Up to 176.25
	HeavyWeight	176.25 - Over
TRUE NOVICE MEN BB	2 Classes 1st - 3rd & Overall	
	LightWeight	up to 176.25
	Heavy Weight	176.25 - Over
TEEN BB	1 Class 1st- 5th	
MASTERS MEN BB 35+	2 Classes 1st - 3rd & Overall	
	Light Weight	Up to 176.25
	HeavyWeight	176.25 - Over
MASTERS MEN BB 40+	2 Classes 1st - 3rd & Overall	
	Light Weight	Up to 176
	HeavyWeight	176 - Over
MASTERS MEN BB 50+	1 Class 1st -3rd	
MASTERS MEN BB 60+	1 Classes 1st - 3rd	
OPEN FIGURE	4 Class 1st - 5th & Overall	
	A.....	Up to & including 5'2"
	B.....	Over 5'2" - 5'4"
	C.....	Over 5'4"- 5'6"
	D.....	Over 5'6"
JUNIOR FIGURE	1 Class 1st - 5th	
TRUE NOVICE FIGURE	2 Classes 1st - 3rd	
	A.....	Up to 5'4"
	B.....	Over 5'4"
MASTERS FIGURE 35+	2 Classes 1st - 3rd	
	A.....	Up to 5'4"
	B.....	Over 5'4"
MASTERS FIGURE 45+	1 Class 1st - 5th	
MASTERS FIGURE 50+	1 Class 1st - 3rd	
OPEN FITNESS	1 Class 1st - 5th	
OPEN BIKINI	4 Classes 1st - 5th	
	A.....	Up to & including 5'2"
	B.....	Over 5'2" - 5'4"
	C.....	Over 5'4"- 5'6"
	D.....	Over 5'6"
TRUE NOVICE BIKINI	2 Classes 1st - 5th & Overall	
	A.....	Up to & including 5'4"
	B.....	Over 5'4"
MASTER BIKINI 35+	2 Classes 1st - 5th	
	A.....	Up to & including 5'4"
	B.....	Over 5'4"
MASTER BIKINI 40+	1 Class 1st - 3rd	
MASTER BIKINI 45+	1 Class 1st - 3rd	
OPEN MENS PHYSIQUE	4 Classes 1st - 5th & Overall	
	A.....	Up to 5'6"
	B.....	Over 5'6" to 5'8"
	C.....	Over 5'8"-5'10"
	D.....	Over 5'10"
MASTERS MEN PHYSIQUE 35+	2 Classes 1st - 5th & Overall	
	A.....	Up to 5'8"
	B.....	Over 5'8"
MASTERS MEN PHYSIQUE 40+	2 Classes 1st - 3rd & Overall	
	A.....	Up to 5'8"
	B.....	Over 5'8"
MASTERS MEN PHYSIQUE 50+	1 Class 1st - 3rd	
TRUE NOVICE MEN PHYSIQUE	2 Classes 1st - 5th & Overall	
	A.....	Up to 5'8"
	B.....	Over 5'8"
OPEN MEN'S CLASSIC PHYSIQUE	2 Classes 1st - 5th & Overall	
	A.....	Up to 5'7"
	B.....	Over 5'7"
MASTERS CLASSIC PHYSIQUE 35+	1 Class 1st - 5th	
WOMENS PHYSIQUE	2 Classes 1st - 5th	
	A.....	Up to 5'6"
	B.....	Over 5'6"
MASTERS WOMEN PHYSIQUE 35+	1 Class 1st - 5th	
TRUE NOVICE WOMENS PHYSIQUE	1 Class 1st - 3rd	

ENTRY FEE & NPC CARDS

ENTRY FEE: \$75 by Oct. 28, 2017 After Oct. 29, additional \$25 late fee.
Crossovers available to compete in all divisions & categories in which they qualify.

NPC CARDS: Sold by NPC Officials at Weigh-in or
 online at www.NPCNewsOnline.com for \$125

Must have an NPC card to compete.
Must have proof if purchased online.

SCHEDULE OF EVENTS

Early Weigh-Ins: Friday, November 3, 2017, 5:30pm - 8:30pm
 At Marriott Downtown, 304 N. Greene St, Greensboro NC 27401
Competition Suit Must Be Worn for Weigh-ins

SATURDAY, NOVEMBER 4, 2017 TIME TABLE

7:15 am - 8:30 am....Athlete Check In & Weigh In At Carolina Theatre
 8:30 am.....Athlete Meeting
 10:00 am.....Prejudging
 6:00 pm.....Evening Show

HOST HOTEL

MARRIOTT DOWNTOWN GREENSBORO

304 N.Green St, Greensboro NC 27401

Reservation & Info: (336)-379-8000 or 800-228-9290

Mention: Muscle Heat Reservations by October 3, 2017

Rate: \$129.00 single or double plus tax.

There will be \$100 on credit card charge incase of damages.

No spray tanning allowed in guest room. Guest in room will be charged for any damages. Overflow: **Drury Hotel:** call 336-856-9696 for rates and details.

ELIGIBILITY

Must Be or Become an NPC Member. Crossovers Are Available to Compete in All Divisions and Categories Inwhich a Competitor Qualifies.

OPEN – To Any NPC Member

JUNIOR – Open To Any Competitor Who Has Not Won His Or Her Class In An Open Division And Who Has Not Won Overall In Junior Division

MASTERS – Must Be At Least 35, 40, 45, 50 or 60 Years of Age or Older on or before November 4, 2017

TRUE NOVICE – For First Time NPC Competitors Only

TEEN – Eligible From 16 Years Old Until The Day Prior To 20th Birthday
 Must Be At Least 16 Years Old To Compete

RULES

- All Contestants Must Supply Their Own Music: **BB, Women Physique, Fitness, Classic Physique**
- **Posing Music Must Be CD**
- Posing Music For Finals Must Be No Longer Than 60 Seconds (60 Second Limit Allows All Competitors To Pose.)
- Music Must Be At The Beginning Of CD & No Vulgarly
- Bodybuilding Contestants Will Not Use Music Prejudging Bodybuilding
- Men's Classic Physique: Height and weight limits are listed on the NPC national website www.NPCNewsonline.com/classic-physique
- **Competition Suits Must Be Worn At Weigh-In**
- **No "T" Back Suits**
- **Bikini Suits Must Be In Good Taste. Minimum 50% Glute Coverage**
- **Bikini Competitors – Recommended You Bring 2 Suits**

TICKETS — GO ON SALE OCTOBER 3, 2017

Buy Tickets On Website: www.QuincyRoberts.com

PREJUDGING - \$20 (Tickets Bought In Advance Will Be Reserved Seating)
 Tickets At The Door Open Seating

FINALS – All Reserved Seating: \$51, \$41, \$31, \$26 (plus sales tax)
BACKSTAGE PASSES – For Prejudging Only - Cost \$50 - Must purchase Pre-Judging Ticket. Also, must buy ticket for Night Show. Will not be allowed backstage at night: trainers, friends, & family members.

* For more info on classic men's physique height and weight, look under the rules section.

FOR MORE INFORMATION

Go To: www.QuincyRoberts.com or Contact Quincy Roberts at 336-987-4007

Email: QRElite@gmail.com

Send Entry Form With Money Order Made Out To:

QUINCY ROBERTS
 PO Box 77901
 Greensboro, NC 27417